Example Timetable



Sports



Teamwork

Creativity



Inclusive



Sensory

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 - 8:30	Registration & Breakfast				
8:30 - 9:00	Open Play				
9:00 - 9:45	Physical Circuits	Obstacle Courses	Relay Races	Target Games	Movement Games
9:45 - 10:15	Snack Break & 10am Drop off				
10:15 - 11:00	Inflatable	Art & Craft	Inflatable	Art & Craft	Inflatable
11:00 - 12:00	Art & Craft	Inflatable	Art & Craft	Inflatable	Art & Craft
12:00 - 1:00	Lunch				
1:00 - 2:00	Capture the Flag	Pop lacrosse	Football OR Basketball	Volleyball OR Tennis	American Sports
2:00 - 2:45	Orienteering Activity	Team Building	Table, Board & card Games	Code Breaking Games	Den Building
2:45 - 3:15	Open Play & 3pm Collections				
3:15 - 4:00	Role Play OR Parachute Games	Fine Motor Activity OR Corner Games	Role Play OR Dodgeball	Fine Motor Activity OR Musical Games	Role Play OR Uni Hoc
4:00 - 4:30	Light Tea				
4:30 - 5:00	Home Time				

- Activities may be adapted to reflect the children's interests, preferences, likes/dislikes, and developmental requirements.