Wavendon Gate School Physical Education Overview

2026-27 P.E Overview Indoor Outdoor *Some indoor units can/need to be outdoor due to hall availability/time of year.*

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	**Movement** Jumping	**Dance-DDMIX** Seasons	**Gymnastics** High, low, over, under	**Ball Skills** Hands 1	**Ball Skills** Feet 1	**Games for Understanding** **Athletics** **Sports Day Practice**
Year 1	**Gymnastics** Wide and Narrow, Curled	**Ball Skills** Hands 1	**Dance-DDMIX** African Animals	**Gymnastics** Body Parts	**Team Building** Cooperation	**Games for Understanding** Practice Through Games
	Locomotion Running	**Ball Skills** Feet 1	**Ball Skills** Hands 2	**Locomotion** Jumping	**Ball Skills** Rackets, Bats and Balls	**Athletics** Sports Day Practice
Year 2	**Gymnastics** Pathways	**Ball Skills** Hands 1	**Dance-DDMIX** Sports	**Gymnastics** Linking	**Team Building** Cooperation	**Games for Understanding**
	Locomotion Dodging	**Ball Skills** Feet 1	**Ball Skills** Hands 2	**Locomotion** Jumping	**Ball Skills** Rackets, Bats and Balls	**Athletics** Sports Day Practice
Year 3	**Gymnastics** Symmetry and Asymmetry	**Boccia** Accuracy and Inclusion	**Dance-DDMIX** Japanese	**Gymnastics** Canon and Unison	**Athletics** Running at Different Distances	**Rounders** Striking and Fielding
	Netball Passing and Shooting	**Communication and Tactics** Teamwork	**Football** Movement and Marking	**Handball** Gameplay and Teamwork	**Tennis** Striking and Returning	**Athletics** Sports Day Practice
Year 4	**Gymnastics** (Bridges) Shapes and Balances	**Dodgeball** Throwing and Accuracy	**Gymnastics** Levels and Direction	**Dance-DDMIX** Chinese	**Badminton** Striking and Returning	**Cricket** Striking and Fielding
	Basketball Passing and Shooting	**Orienteering** Teamwork and Problem	**Hockey** Attack and Defence	**Tag Rugby** Movement and Teamwork	**Athletics** Throwing and Jumping	**Athletics** Sports Day Practice
Year 5	**Gymnastics** Counter Balance and Tension	**Boccia** Accuracy and Inclusion	**Swimming-** 5A **Dance-DDMIX** Line Dance and Hand Jive 5B	**Swimming-** 5A **Gymnastics** Flight 5B	**Swimming-** 5B **Dance-DDMIX** Line Dance and Hand Jive 5A	**Swimming-** 5B **Rounders** Striking and Fielding Outdoor - 5A

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	Netball Passing and Shooting	**Communication and Tactics** Teamwork	**Football** Movement and Marking	**Handball** Gameplay and Tactics Outdoor	**Tennis** Striking and Returning Outdoor	**Athletics** Sports Day Practice
Year 6	**Gymnastics** Matching and Mirroring	**Dodgeball** Throwing and Accuracy	**Gymnastics** Creating Sequences	**Dance-DDMIX** Charleston	**Badminton** Striking and Returning	**Cricket** Striking and Fielding
	Basketball Passing and Gameplay Tactics	**Orienteering** Teamwork and Problem Solving	**Hockey** Attack and Defense	**Tag Rugby** Movement and Teamwork	**Athletics** Throwing and Jumping	**Athletics** Sports Day Practice